

Spring Newsletter

GOOLWA MEDICAL CENTRE

STAFF UPDATES

Congratulations to Dr Hannah Alma, who is awaiting her Fellowship finalisation. Many years of hard work and study have been rewarded. We farewell Dr Tanya Armitage who will be finishing up with us on the 8th of October. We wish her well in her future endeavours.

We are also very happy to report Dr Rachel Tymianski is staying on at GMC for another 12 months. We and many of her patients will be very happy.

NON ATTENDANCE

We are still experiencing a high number of patients failing to attend appointments without notification of cancellation.

Whilst we understand there can be extenuating circumstances, the clinic requires at least 2 hours notice to cancel an appointment.

This allows us to utilise all appointment times and continue to help with appointment availability. Any missed appointments without notice will now be charged a DNA fee.

Thank you for understanding.

SKIN CLINIC

Our skin clinic hours at The HUB are Monday, Tuesday, Thursday and Friday. To book a skin check appointment you can call 8528 7948 or book via our AutoMed app.

Also, skin check appointments can now be made via our skin clinic website.

MEDICINE DISPOSAL

Priceline Pharmacy offers a free service of safe medication disposal.

They have a "Return Unwanted Medicines" (RUM) bin for all medications, including prescription meds, over the counter meds or vitamins. Present these to the pharmacy counter and they will dispose of them for you safely.

MY MEDICARE

Please ensure that you have registered for My Medicare. This will allow you to receive the best care from your doctors. If you have any questions please see reception staff or speak to your doctor at your next appointment.



ESCRIPTS

As a practice we are continually trying to reduce our carbon footprint. You can assist us by receiving escripts on your phone or emailed to your preferred pharmacy.

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YOUR SMS REMINDERS EXPLAINED

Appointment reminders- You will receive an appointment reminder approximately 24 hours before your appointment.

Please reply with 'Y' to confirm or 'N' to cancel your appointment.

Recalls- You will receive a message when correspondence is received by your doctor that they wish to discuss further with you. This may include test results, letters from specialists and paperwork requests.

These require a **non urgent** appointment within 2-4 weeks. If you already have an appointment booked, please contact the clinic so any further messages can be paused.

If your doctor needs to see you **urgently**, one of our nurses will be in contact with you personally.

Reminders- The clinic offers a service for clinical reminders, such as annual skin checks, blood tests as well as care plan reviews. Please speak to your doctor if you wish to receive these messages.



BILLING

GMC is not a bulk billing clinic. Full payment of your account is required on the day of your appointment. Please check in with reception at the completion of your appointment. All walk in appointments will incur a fee.

If you have any questions or concerns regarding our fees and billing, please speak to your doctor or our practice manager Sandy.



HEALTH AND WELLBEING

Dr Sepi (Sam) has a special interest in **healthy living and weight loss management**. She is passionate about helping patients make positive lifestyle changes and is always happy to provide advice and options on all matters of health.

If you feel this is something that could benefit you, we encourage you to book an appointment and start your journey towards better health.

The Goolwa Medical Centre team do our very best to accommodate all our patients, we do not tolerate any rude or aggressive behaviour.



BE KIND- IT'S FREE

