

Goolwa Medical Centre – Over 75 Home Assessment

Care Plan/Senior Support Services

If you are over 75, your doctor may recommend you have a home assessment by one of our Care Plan/Senior Support nurses.

What is an over 75 home assessment?	An assessment completed in your home to assess your safety, care and health needs. If you require home support services, we will provide information which may assist you now or in the future.
What can we help with?	We understand the complexity involved with registering through My Aged Care and other support services. We can assist you with all of the following: <ul style="list-style-type: none">• My Aged Care registration• Arranging for My Aged Care assessments• Meals on Wheels registration• Southern Community transport registration• Home medication reviews/webster packs• Providing you with information on local service providers & commonwealth home support/home care packages.
Who should be there?	If you live with a family member or a carer, they should be present. If you live alone, it is helpful to have a close family member present if you have someone available, however, this is not essential.
What information will you need?	If you are already registered with My Aged Care, please have your aged care number, Medicare and pension card ready. These are helpful to us if you need to register for any services. Please advise us if you have an Advanced Care Directive, we can then ensure we have a copy on your file at the clinic.
Who will visit?	We have an exceptional team of experienced care plan/senior support nurses. One or two of our nurses will visit your home for the assessment: <ul style="list-style-type: none">• Julie Bridges• Meagan Wittchen• Claire Yeoward• Carolyn Hollingworth
How long will it take?	1-2 hours depending on complexity of assessment.